

## Initial Management of Severe Burns Burns >20% TBSA in adults



## Specific points to note in the Primary Survey for Burn Injuries



Suspect smoke inhalation injury if any of the following are present & call Anaesthetics: -Burn in an enclosed space -Facial Burns -Upper airway oedema

-Soot in the airway/sputum

-Shortness of breath/respiratory distress

- -Stridor
- Change in voice/hoarseness
- -Oropharyngeal injury



-Assess breathing, ventilation and support needed as required -Administer humidified 100% oxygen -Establish baseline ABGs and COHb (carboxyhaemoglobin level) -Consider administration of Cyanokit



-Insert at least two large bore IV Cannulae, ideally through unburnt skin and avoiding joints -If unable, consider Central Access

## Specific points to note in the Secondary Survey for Burn Injuries

Fluid Resuscitation	For Burns >20% TBSA in adults and >10% TBSA in over 65's Use the PARKLAND Formula to estimate initial fluid resuscitation (2-4ml x %TBSA x KG) Insert urinary catheter and titrate fluid resuscitation against urine output aiming for <b>0.5-1mls/kg/h</b> Commence and maintain accurate record of fluids given and hourly urine output	ır
Pain	Consider early administration of <b>intravenous</b> opiates and titrate against response Frequently reassess the pain score and adjust analgesia accordingly against pain and sedation score	es
Burn Assessment	Assess the area of the Burn using ideally a Lund & Browder chart, excluding simple erythema Burn dressings depending on time of transfer- longitudinal cling film to prevent heat & fluid losses 6hours to transfer	if
Circumferential Burns	Elevate limbs when burnt especially in the setting of circumferential burns Assess and document perfusion distal to the burn- cap refill, pulses, warmth, colour Liaise with the National Burns Unit if concerned that escharotomies may be required	
Other	Cover the patient to minimise heat loss and maintain normothermia Insert nasogastric tube for burns <b>&gt;20% TBSA</b> (>10% TBSA if over 65) and keep nil by mouth Administer tetanus immunoglobulin as needed Consider additional investigations as indicated by secondary survey Maintain spinal precautions and treat any associated injuries as indicated	
Transfer Checklist		
Airway assessed +/- secured	Urinary Catheter inserted Tetanus administered	
Supplemental O2 administered	Pain Controlled NG Tube sited	
IV Access established and secu		
Fluid resuscitation commenced	Temperature Management Ambulance arranged & Discussed with National Burns Unit	

01-4162326/2327

Dr Steeven's National Burns Unit St James's Hospital, Dublin 8

MICAS (8-8pm Mon-Sun) 1800222378